

Attainment's Pre-ETS

Pre-Employment Transition Solution

FOCUS ON Job and Career
Exploration

1

*EXPLORE
*APPLY
*EXTEND

Janet Estervig
Whitney Fowler

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Exploration***

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**Pre-ETS 1:
Focus on
JOB AND CAREER EXPLORATION
STUDENT BOOK**

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Explore



Identifying Jobs That Are Well-Matched to Personal Strengths



Directions: Complete the sentences in the boxes in the outer circle. Use each response only once. Then research to find a matching job to write in the center.



One thing I do well at school is



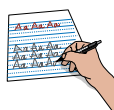
One thing I do well because it comes naturally to me is



One thing I do well at home is



A job I would be good at is



One thing I do well because I have had a lot of practice is



One thing I do well with my friend is



One thing I do because I like to do it is

Knowing What You Will Do after High School

Directions: Finish each sentence.

My Plans After High School

1. For a place to live, I plan to _____

2. For more school, I plan to _____

3. For transportation, I plan to _____

4. For exercise, I plan to _____

5. To pay my expenses during the first year, I plan to _____

Student Summary Vocational Interest Inventory

Category	Interests from Category	Write Interests that Match
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Some interests and skills from each category:

1	2	3	4	5	6
Play sports	Use computers	Paint	Serve people	Talk with people	File
Care for pets	Read	Draw	food	Sell things	Sort
Build things	Do math	Take pictures	Work with	Plan parties	Cashier
Lawn/Garden	Work alone	Sing	children	Persuade people	Data entry
Work outdoors	Research	Play music	Friendly	Lead a group	Keep records
Read	Ask questions	Arrange flowers	Work with	Run a business	Follow a plan
Plan	Be challenged	Make things	older people	Talkative	Polite
Fix electrical	Explore a	Decorate	Help people	Energetic	Structured
things	variety of ideas	Write stories,	Work on a team	Adventurous	Thrifty
Pitch a tent	Perform lab	poetry, music	Patient, kind	Give talks or	Well-organized
Plant a garden	experiments	Take photos	Do volunteer	speeches	Collect or
Operate tools	Curious	Attend concerts	work		organize things
and machines	Inquisitive	or art exhibits	Teach/train		Work with
		Imaginative	others		numbers

Job Category #1

Write category: _____

Write interests/skills that match: _____

Job you found on My Next Move: _____

What do they do? _____

<p>Knowledge</p> <p>One thing I would NEED to know is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Skill</p> <p>Two skills I would NEED are: _____</p> <p>_____</p> <p>_____</p> <p>and _____</p> <p>_____</p> <p>_____</p>	<p>Abilities</p> <p>One ability I SHOULD have is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Personality</p> <p>People interested in this work like activities that include: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Is this for me?</p> <div style="text-align: center;">   </div>	<p>Technology</p> <p>Technology you MIGHT use: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Education</p> <p>The type of education you would need for this job is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Outlook</p> <p>New job opportunities are: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Explore More</p> <p>If I like this, I might also like a career in: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

Job Category #2

Write category: _____

Write interests/skills that match: _____

Job you found on my next move: _____

What do they do? _____

<p>Knowledge</p> <p>One thing I would NEED to know is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Skill</p> <p>Two skills I would NEED are: _____</p> <p>_____</p> <p>and _____</p> <p>_____</p> <p>_____</p>	<p>Abilities</p> <p>One ability I SHOULD have is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Personality</p> <p>People interested in this work like activities that include: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Is this for me?</p> <div data-bbox="696 1312 1000 1455">  </div>	<p>Technology</p> <p>Technology you MIGHT use: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Education</p> <p>The type of education you would need for this job is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Outlook</p> <p>New job opportunities are: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Explore More</p> <p>If I like this, I might also like a career in: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>


Job Category #3

Write category: _____

Write interests/skills that match: _____

Job you found on My Next Move: _____

What do they do? _____

<p>Knowledge</p> <p>One thing I would NEED to know is: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Skill</p> <p>Two skills I would NEED are:</p> <p>_____</p> <p>_____</p> <p>and _____</p> <p>_____</p> <p>_____</p>	<p>Abilities</p> <p>One ability I SHOULD have is:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Personality</p> <p>People interested in this work like activities that include:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Is this for me?</p> <div style="text-align: center;">   </div>	<p>Technology</p> <p>Technology you MIGHT use:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Education</p> <p>The type of education you would need for this job is:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Outlook</p> <p>New job opportunities are:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Explore More</p> <p>If I like this, I might also like a career in:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

Differentiating Between Relative Traits

Directions: Fill in the blanks with things that relate to each other as described.

	Name something that is...	Name something that is...
1	Bright	Brighter
2	Sour	More sour
3	Short	Shorter
4	Silly	Sillier
5	Delicious	Delicious if eaten for breakfast
6	Fun to do	Fun to do if you have a pet
7	Tall	Tall, and makes the tall thing you named look short
8	Heavy	Heavy, but light compared to the heavy thing you named
9	Exciting	Exciting, but not as exciting as the exciting thing you named
10	Unusual	Unusual to some people, but not to you

Counting Using the Skip Method

Directions: Circle the correct numbers.

- 1.** Circle the numbers you would use to count by 2s.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19
20 21 22 23 24 25 26 27 28 29 30

- 2.** Circle the numbers you would use to count by 3s.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19
20 21 22 23 24 25 26 27 28 29 30

- 3.** Circle the numbers you would use to count by 5s.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19
20 21 22 23 24 25 26 27 28 29 30

- 4.** Circle the numbers you would use to count by 10s.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19
20 21 22 23 24 25 26 27 28 29 30

- 5.** Circle the numbers you would use to count by 12s.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19
20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36

The Mark of a Good Date



Ted and Maria go out on a first date, and one of them has a secret to hide.

.....

Ted Wilson cracked his knuckles. Then he looked around the room. He cracked his knuckles again. He cleared his throat. Finally, he stood up and walked over to Maria Cortez. She looked up at him and smiled. Ted cracked his knuckles again. He cleared his throat again. Then he said, “What’s up, Maria?”

She said, “Not much. Are you getting a cold?”



“Uh, I don’t know,” Ted said as he blushed. Then he said, “Would you like to go out on Friday? Maybe we could get some burgers and go to a movie.”

Maria smiled again. She said, “Sure, I’d love to. What time will you pick me up?”

Ted let out a big breath. Then he said, "Great. I'll pick you up at 6:00. Where do you live?"

"I live in York. It's about 20 miles from here."

"I know where York is. It is just a few miles from Franklin, right?" Ted asked.

"Yeah, that's right," Maria said. She wrote her e-mail address for Ted. "Send me an e-mail and I'll send you directions." She picked up her gym bag and started out. She looked back at Ted and said, "See you on Friday."

Ted stood still until she was gone. Then he said, "Yes!" and danced a little jig.

After school on Friday, Ted took a shower and dressed. He grabbed a handful of nuts from the freezer. Then he drove to Maria's house. Maria came to the door. She kept her head turned a little away from Ted. Maria asked, "Is this your car?"

"No, it's my dad's car. My car has a flat. See 'CALL DR EAR 5435' on the plates? My crazy dad is always selling!"

"I figured! Have you seen 'SCI PROF' on my dad's plates? It's his job, his title, and his phone number! Guess our dads think alike!" Maria said, holding one hand over the right side of her face.



*Ted stood until she was gone .
... then he danced a little jig.*

Ted pulled his phone out of his pocket. He said, “I didn’t realize you could change words into phone numbers.”

Maria said, “Here, let me show you how to do it. If you ever need my help figuring out a phone number, just let me know.”

“You are so kind!” Ted said with a smile.

As Maria was getting into Ted’s car, she bumped her hand. She said, “Oh, darn. I broke a nail.”

Ted said, “It’s just a nail. Not important.” Maria had her hands on her cheeks. But, it was the look in her eyes that told Ted it was a big deal to her. He couldn’t take back what he had said. So, he just said, “Sorry.”

She said, “Oh, well.” Ted started driving to Ben’s Burgers. On the way, Maria asked, “There are a lot of movies showing tonight. What kind of movies do you like?”



"I like a lot of different kinds of movies. What do you like?"

"I like most movies as long as they are not too violent," Maria said. When they got to Ben's, Ted was on Maria's right. She said, "I want to walk on the other side." She switched sides and Ted just looked at her. They ordered food and went to a tall counter to sit. Ted pulled a chair out for Maria. But, she said, "I want to sit in the other chair." She sat down and pulled a packet of hot sauce out of her purse. She put it on her burger.

Ted's eyes got wide. He said, "What are you doing? You're going to ruin your burger."

Maria said, "I like hot sauce. Do you have a problem with that?"

"Uh, no. I guess not. Eat away." When Maria added hot sauce to her burger, Ted just watched. He did not say a word.

On the way to the movie, they talked about different things. Ted asked Maria what kinds of books she liked to read. Maria asked Ted what he planned to do after high school. Maria watched Ted while they talked. Ted wanted to look at her, but he kept his eyes on the road. Besides, she had wrapped her scarf so that only half her face showed.



When Maria added hot sauce to her burger, Ted just watched. He did not say a word.

At the theater, they chose the movie *The Wavy Line*. They both liked it. In the dark of the theater, Maria did not cover her face with anything. Ted said to her, “You have been covering your face all night. We all get pimples. I don’t care if you have a pimple. I think you are very pretty no matter what.”

Maria said, “I wouldn’t care if I had a pimple, either. Last night when I was sleeping, my little sister wrote on my face.”

“What did she write?”

“Well, she was very excited about my date. So, she wrote ‘Ted’ on my cheek.”

Ted laughed. “How clever of her! Why didn’t you just wash it off?”

“Oh, my little sister doesn’t do things halfway. She used a permanent marker!” The rest of the night, Maria let her whole face show. The two of them had a good time laughing about her charming black “tattoo!”



The word "TED" is written in a large, bold, black, stylized font. The letters are blocky and have a slightly distressed or hand-drawn appearance. The 'T' and 'E' are connected, and the 'D' is also connected to the 'E'. The font is set against a light green background.

“... she wrote *TED* on
my cheek ... and used a
permanent marker!”
Maria said.

The Mark of a Good Date

Story Quiz

1. How did Ted know the way to Maria's house?
 - A. He used his GPS.
 - B. Maria sent him an e-mail.
 - C. He got directions from the Internet.
2. What did Ted have for a snack on the way to Maria's house?
 - A. a hamburger
 - B. french fries
 - C. nuts
3. Why did Maria's sister write on Maria's face?
 - A. She was a mean girl.
 - B. She did it in her sleep and didn't know what she was doing.
 - C. She was excited.
4. Choose the word that means "finger joints."
 - A. knuckles
 - B. cheek
 - C. throat
5. Choose the word that means "marked by rough action or force."
 - A. crazy
 - B. charming
 - C. violent
6. Ted's dad is called Dr. Wilson. What does the "Dr." mean?
 - A. David Richard
 - B. Doctor
 - C. Driver
7. What did Ted do when Maria added hot sauce to her burger?
 - A. Ted said "What are you doing? You are going to ruin your burger."
 - B. Asked for hot sauce to put on his burger
 - C. laughed at her
8. Being tactful means to be careful with what you say. Why was it important for Ted to be tactful?
 - A. He wanted Maria to like him.
 - B. He wanted to sound important.
 - C. He wanted to say clever things.
9. Which choice will most likely help you get along with others?
 - A. Make sure they know about things that you are good at.
 - B. Be honest with what you say and accepting of what they say.
 - C. Give them gifts and treats on a regular basis.

Types of Careers

There are thousands of different careers. When you find a career that interests you, there are usually hundreds of jobs associated with your field of interest.

You previously took a Career Interest Inventory where you identified pictures that looked interesting to you. These pictures were based on the Holland Codes' six career interest categories. Today you are going to learn about the six categories and examples of jobs from each category.



Directions:

On each page, you will use the O*NET website to research jobs in each Career Interest Cluster.

The Doer

(Realistic)

Careers in the realistic category usually involve practical work activities. They can be hands-on and often involve plants, animals, or real-world materials like wood, tools, and machinery. Many of these careers require working outside and do not require much paperwork or working closely with others.



1 Job Title: _____
Describe It: _____

2 Job Title: _____
Describe It: _____

3 Job Title: _____
Describe It: _____

4 Job Title: _____
Describe It: _____

CHOICE!
Job Title: _____
Describe It: _____

5 Job Title: _____
Describe It: _____

The Thinker

(Investigative)

Careers in the investigative category commonly involve working with ideas and require more thinking. These careers can involve searching for facts and figuring out problems and solutions.



1

Job Title: _____
Describe It: _____

CHOICE!

Job Title: _____
Describe It: _____

2

Job Title: _____
Describe It: _____

5

Job Title: _____
Describe It: _____

3

Job Title: _____
Describe It: _____

4

Job Title: _____
Describe It: _____

The Creator

(Artistic)

Careers in the artistic category often require people to work with forms, designs, and patterns. They often include self-expression, and the work can be done without following a clear set of rules or expectations.



1

Job Title: _____

Describe It: _____

CHOICE!

Job Title: _____

Describe It: _____

2

Job Title: _____

Describe It: _____

3

Job Title: _____

Describe It: _____

5

Job Title: _____

Describe It: _____

4

Job Title: _____

Describe It: _____

The Helper

(Social)

Careers in the social category usually involve working with, communicating with, and teaching people. These types of careers may involve helping people or providing service to others.



1

Job Title: _____

Describe It: _____

CHOICE!

Job Title: _____

Describe It: _____

2

Job Title: _____

Describe It: _____

5

Job Title: _____

Describe It: _____

3

Job Title: _____

Describe It: _____

4

Job Title: _____

Describe It: _____

The Persuader

(Enterprising)

Careers in the enterprising category involve starting up, working on, and completing projects. These careers may involve being in charge, leading people, and making many decisions. Sometimes, these careers require risk taking and often deal with business.



1

Job Title: _____
Describe It: _____

CHOICE!

Job Title: _____
Describe It: _____

2

Job Title: _____
Describe It: _____

3

Job Title: _____
Describe It: _____

4

Job Title: _____
Describe It: _____

5

Job Title: _____
Describe It: _____

